

December







2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Cuddle Buddies 10:30 a.m. Breastfeeding Support 10:30 a.m. Open Play 9a.m1p.m. Active Parenting 6-8p (Night 1)	Play and Learn 10:30 a.m. Open Play 9a.m1p.m. Infant/Child CPR 6:00 p.m.	Toddling Time 10:30 a.m. Birthday Party 11a.m. Open Play 9a.m1p.m. Last day to order Santa Letters!!	9a.m1p.m. Pet CPR 4-6 p.m.	Fieldtrip to Wildelife Refuge 9:30 a.m. Open Play 9a.m1p.m	Heartsaver 9a-12:30p Baby Chat for Siblings By Appt
8	Cuddle Buddies 10:30 a.m. Open Play 9a.m1p.m. Active Parenting 6-8p (Night 2)	Play and Learn 10:30 a.m. Open Play 9a.m1p.m.	Toddling Time 10:30 a.m. 10:30 a.m. 10:30 a.m. Open Play 9a.m1p.m.	Open Play 9a.m1p.m.	Open Play 9a.m1p.m.	14
15	Cuddle Buddies 10:30 a.m. Open Play 9a.m1p.m. Active Parenting 6-8p (Night 3)	Play and Learn 10:30 a.m. Open Play 9a.m1p.m.	Toddling Time 10:30 a.m. Open Play 9a.m1p.m.	Open Play 9a.m1p.m.	Holiday Cookie/Dessert Exchange & Christmas Party 10:30 a.m. Open Play 9a.m1p.m.	21
22	Open Play 9a.m1p.m.	24	Merry Christmas Parenting Center	26 er is Closed	27	28
29	30 Parenting Center	31 er is Closed	cornerdon	mas is right arour 't forget to order y staff member for r	your Santa	

Parenting Center Contact Information: **Phone 985-898-4435 Cuddle Buddies (ages 8 months-15 months) **Email - <u>parentingcenter@stph.org</u>

Monday, December 2nd, 9th & 16th; 10:30 a.m.

This monthly play group is a learning and support opportunity with music, bubbles, and fun.

Support class where our primary goal is Family Support. All family members are welcome.

Active Parenting

Mondays, December 2nd, 9th & 16th; 6:00-8:00 p.m.

This three-week course is designed to aid parents in becoming active parents in their child's life using active communication. This class encourages parents to build on their child's strengths, avoid power struggles and learn effective discipline skills.

COST: \$80/per person

Play and Learn (ages 2 ½ -4 yrs.)

Tuesday, December 3^{rd} , 10^{th} & 17^{th} ; 10:30 a.m.

Parents and children come shake and groove through music along with plenty of playing, learning and movement! These popular classes are full of arts and crafts, a colorful tunnel crawl, the rainbow parachute and creative story time.

American Heart Association Family and Friends Infant/Child CPR

Tuesday, December 3rd; 6-8 p.m.

For new parents, caregivers and family members who want to gain the knowledge and skills needed for choking and breathing emergencies that may arise with infants and children. FYI- you will not receive a CPR certificate. **COST: \$30/person.**

Toddling Time (ages 16 months – 30 months)

Wednesday, December 4th, 11th & 18th; 10:30 a.m.

Parents and children come shake and groove through music along with plenty of playing, learning and movement! These popular classes are full of arts and crafts, playing musical instruments, actions with songs and creative story time.



Monthly Birthday Party Sponsored by Chick Fil A

Wednesday, December 4th; 11:00 a.m.

Open to all members – come help us celebrate our children who are celebrating their birthdays this month by joining us for cupcakes and chicken nuggets donated by the Hwy 21 Chick Fil A!

Pet CPR Training AND Pet Adoption Opportunity

Thursday, December 5th; 4-6pm



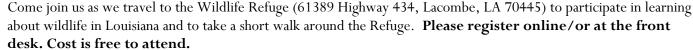
Please join the Parenting Center and the St. Tammany Humane Society for a fun, educational opportunity to learn the life skills of Pet CPR for Dogs and Cats and if you're looking for that next pet, you can peruse the sampling of dogs and cats that the Humane Society will bring with them and can even adopt one on the spot! **To attend**,

please go to our website - www.sttammany.health and pick either the 4pm or 5pm class to register for free.



Fieldtrip to the Wildelife Refuge in Lacombe

Friday, December 6th; 9:30 a.m.



Baby Chat for Siblings - By Appointment Only

Saturday, December 7th

This is a fun class for siblings of newborns to help them understand the changes that occur when mom and dad bring home a new baby. A parent or caregiver must be present. Ages 4 and older. **COST:** \$10/family

American Heart Association Heartsaver FA CPR AED

Saturday, December 7th; 9 a.m.-12:30 p.m.

This course teaches First aid basics; Adult, Child, and Infant CPR, how to relieve choking, and AED use. Will receive a course completion card. (Daycare workers please call 985-898-4435 BEFORE you register). **COST: \$95/person**.



Love on a Leash

Wednesday, December 11th; 10:30 a.m.

Our monthly visit from our canine friends to interact, pet, hug and play with our members

Holiday Cookie/Dessert Exchange Christmas Party

Friday, December 20th; 10:30 a.m.

Happy Holidays! Come join The Parenting Center as we celebrate the Holiday season with singing, eating and a special guest! Bring your favorite Holiday dessert to share with others. Please bring your own containers to take home left overs. Please sign up at front desk.

"The best of all gifts around any Christmas tree: the presence of a happy family all wrapped up in each other."—Bill Vaughan